



[www.disana.de](http://www.disana.de)



Natürlich Wickeln **disana**

## This is what you will need:

### disana Knitted nappy

This is the actual nappy|diaper. Made of pure cotton, it absorbs most of the fluid and retains it inside its fibers.

### disana Brushed cotton liner

Also made of cotton, it absorbs the remaining moisture and keeps the baby dry for a long period of time.

### disana Paper fleece liner

Used on top of the cotton liner, this will retain the heaviest soiling.

### disana Woollen overpants

This provides the watertight outer covering for the diaper. Made from soft, pure sheep's wool, it absorbs without itself ever becoming wet.

### Direction for use

**1 |** To use the disana nappy is very simple. Spread out the knitted nappy on the changing mat. Fold the narrow front part back to the ties. Now place the brushed cotton liner on top of the nappy.

**2 | und 3 |** If your baby is very small, you can adjust the length of the nappy by folding back the upper edge. Lay the baby on the nappy. First, pull up the liner between the legs, than fold the two upper side edges into the middle.

**4 | und 5 |** Pull up the lower flap of the nappy between the legs and over the waist. Here too, by folding the flap, you can adjust the size of the nappy. Finally cross the ties of the knitted nappy across baby's back, bring them round to the front and tie in a bow.

The fine knitting gives the nappy a comfortable elasticity so that it fits snugly. The baby is not restricted, but wrapped gently with plenty of room to move.

**6 |** The disana woollen overpants are then pulled over the nappy. Though watertight, these allow the air to pass through. The soft ribbing around the waist and legs hold the pants firmly but gentle in place. Baby is kept warm without getting too hot, as wool has the property to keep temperatures well balanced.

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Overpants



Paper fleece liners



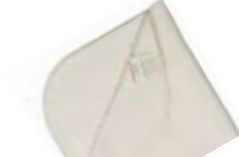
Raw silk liner



Woollen cloth overpants



Brushed cotton liner



Muslin nappies



Microfibre pants with Velcro

